

UAH Rules

All games are played following the CAHRA rule book except as follows:

Infraction

DRINKING & SMOKING: (Zero Tolerance Policy):

Drinking of alcoholic beverages and smoking are not permitted in the Arena at any time. Any individual(s) violating the Zero Tolerance Policy (see Conduct Unbecoming of a League Member) will result in a suspension from league play or complete suspension for the remainder of the season with no refund; may be assessed at the discretion of the UAH Executive

GAME TITLE

Men's Division games shall consist of two periods – two 15 minute stop time, with the second period altered to maximize the full hour of play. See attached formula

Ladies' Division games shall consist of two periods- first period 17 minutes stop time and the second period being 15 minutes stop time.

Spares

Men's Division Spares are extra players that have filled out a registration form, signed insurance waiver, but are not designated to a specific team. These players are eligible to play in UAH on a per game basis and pay accordingly a set fee (determined by UAH Executive at the start of each year).

Spares may play in any game, when scheduled teams have less than 10 skaters + goalie.

Spares will be placed on teams by executive on duty only (**not team reps**) and should pay per game fee at that time. Spares will be added to teams when the zamboni is on the ice or if team rep knows in advance of game time of a shortage.

Once a spare is placed on a team by an Executive member, that spare is guaranteed that game, even if regular members arrive late.

Spares may play more than 1 game per night...maximum fee of 2 games.

If no spares are available, teams will be filled to 10 skaters by volunteers from other teams, again **these players are placed by UAH executive**. No fee will be collected from these players.

Ladies' Division There will be a sign up sheet in the lobby. Sign up in the time slot you wish to play and if the teams need players you will be notified by the executive on duty and assigned to a team.

Spares are asked in order that their name appears on the spare list; if you are not in the lobby at the time an executive is looking to place spares on a team, they will go to the next name on the list. If you have signed to spare for more than one game and have already spared a game

your name will go to the bottom in the next time slot, in order to give everyone a fair chance at sparing.

Paying Spares – this would be a person whom we cannot place on a team because the league is full (if the league is NOT full then a paying spare will not get priority). Once they have signed a league registration form they are able to sign up to spare for the games and they will be asked first above players who are on one of our league teams, but only once and then they will go to the bottom of the list. The cost for sparing, per game, is set at the beginning of each season. Payable that night, cash ONLY. Players pay for a maximum 3 games per night.

Goalie replacement (both divisions) – If your goalie cannot make a game please have team rep call the UAH executive and they will find a replacement goaltender for you. If you have no goaltender at game time, please contact the executive on duty. This applies for league play only, see playoffs for further stipulations.

HELMETS

Helmets must be worn and fastened with chinstraps. They must be in good repair and be worn properly as per manufacturers design. Face masks and mouth guards are recommended

THE RED-LINE

The red-line has been eliminated in all divisions of the UAH with respect to offside passes.

Conduct Unbecoming of an UAH Member

Any unsportsmanlike or inappropriate behaviour on the ice or within the arena, during UAH ice time, or function, which is brought to the attention and investigated to be true by the UAH Executive, regardless of penalties or lack of penalties called by the officials. Suspensions from league play or complete suspension for the remainder of the season with no refund may be assessed at the discretion of the UAH Executive.

Slap shot

Stick may not leave the ice when shooting the puck. There may be a wind up as long as stick remains in contact with the ice. Failure to do so will result in a 2 minute minor

Fake Slap Shot

To raise the stick off of the ice to fake a slap shot will result in a 2 minute minor.
(Unsportsmanlike conduct)

High Sticking the Puck

Any stick making contact with the puck, at the shoulders and above will result in a 2 minute minor

Team minors or goalie minors

When a team is assessed a minor for too many men on the ice or a goalie receives a minor, a skater does not have to serve the entire minor, but at the end of the minor the skater must re-enter play from penalty box. Failure to do so may result in another minor penalty for illegal substitution. Original minor does not count towards that player's penalty total.

Socks

Wrong color socks worn by a regular player, who is not sparing for a particular team and does not identify himself to referee as player on that team before the game starts will receive a 2 minute minor

****can only be called in first period of game****

“Cooper alls” are exempt

Sweat pants are not acceptable

ATTENDANCE

any player, who misses five consecutive weeks of play without notifying their team rep, will be removed from his or her team and be placed on the waiting list for their division. His or her spot on the team will be filled by a player from the waiting list.

Suspensions

-Any player accumulating 3 minors in a game will be removed from the game and receive an automatic suspension for following game, and will be notified by UAH executive member

-Any player accumulating 5 minors in any 12 game periods; will be suspended for 1 game when notified by UAH executive member.

-Once the 5 minors is accumulated, the 12 game roll-over period will be discontinued and the player will be liable for a 1 game suspension after 3 more minors (total of 8 minors) and will be notified by UAH executive member and there will be a review with the player of their penalties. Any player receiving another 3 minors after that suspension (total of 11 minors) will be suspended from the league and will not be reimbursed for games owed.

-Any major penalties, the player will be removed from the game and receive a minimum 1 game suspension, and a review with executive. Player is not eligible to return to play until review is completed.

-All suspensions are accumulative.

-All minor penalties are cleared when playoffs start, but suspensions must be served if they begin or carry over into the playoffs.

-All suspensions will be served in full. If the season ends the player will complete suspension at the beginning of the next season.

-Fighting is an automatic 10 game suspension with review of all combatants by UAH executive member.

-Abuse of official or executive is automatic suspension and review by UAH executive member

-Any player may refuse suspension by withdrawing from the league. That player will be returned any monies owed to that player when he is replaced by a player on the spare list. Any player, who opts for this, will be subject to the suspension if that player applies to rejoin the league.

TIMEKEEPER INSTRUCTIONS TO ADJUST LENGTH OF 2nd PERIOD

First period 15 minutes stop time

At end of first period check the clock for the amount of real time until zamboni comes out

Zamboni comes out at:

Pad 1 - 10 minutes before the hour

Pad 2 - 5 minutes past the hour

<u>TIME UNTIL FLOOD</u>	<u>LENGTH OF 2nd PERIOD</u>
15 minutes	10 minutes
16 min	11 min
17 min	11 min
18 min	12 min
19 min	12 min
20 min	13 min
21 min	14 min
22 min	14 min
23 min	15 min
24 min	16 min
25 min	16 min
26 min	17 min
27 min	18 min
28 min	18 min
29 min	19 min
30 min	20 min

UAH Playoff Rules – amended as of March 2011

Playoff penalty accumulation

First four minors = 1 game suspension

Next two minors = 1 game suspension

Next two minors = 1 game suspension

Three penalties in a game = immediate suspension from game and a 1 game suspension

Major and Misconducts = immediate suspension from the game and a 1 game suspension
minimum (further review may be necessary based upon
incident)

Playoff Point System

Win = 10 points

Tie = 5 points

Loss = 0 points

Men's Divisions Penalty = - ½ point for every 2 minutes worth of penalties

Men's Divisions Goals = + ½ point for each to a maximum of 5 points (10 goals)

Ladies' Division Penalty = -1 point for every 2 minutes worth of penalties

Ladies' Division Goals = no points awarded

If point totals are tied, ties will be broken based on:

1. Head to head competition
2. Goals for
3. Goals against
4. Least amount of penalty minutes
5. Coin toss

Defaults

1. Each team must have at least six skaters in order to play.
2. If a team has only five skaters and no goalie the league executive will try to supply a goalie. If no goalie can be arranged the team will default.
3. If a team has six skaters and no goalie a player will have to be designated as the goalie and play as a goalie.

The non-defaulting team will be awarded a 2-0 win (11 points). The defaulting team will have 11 points deducted from their total.

Ties

1. Semi-final, Championship Semi-final and Championship Final tie games **only**, will be decided by a 5 minute sudden death overtime period. If the game remains tied, teams will play 4 on 4, 3 on 3, etc for one minute intervals (stop time) until a goal is scored (no player changes until the end of the one minute interval). If no goal is scored at 1 on 1 continue to next step.
2. Consolation semi-final and Consolation Final tie games proceed direct to shootout.
3. Shoot out: choose 3 players for each team, to shoot simultaneously, if still tied choose one player to shoot sudden death. All players must shoot at least once before shooting again.
4. All penalties during 5 min. sudden death are treated normal. All penalties during 4 on 4, 3 on 3, etc. are also treated as normal. Exception to rule: if at 1 on 1, the penalized person goes to the penalty box and is replaced by another, then the non-offending team adds a second player (making it 2 on 1).

Additional Notes

1. There will be no exceptions made to penalty accumulation totals. A penalty is a penalty.

2. NO spares are allowed to play once the playoffs begin. It is up to each team to get their players out to games. The only exception will be if a goalie needs to be replaced. ALL GOALIE MOVES WILL BE DONE THROUGH THE EXECUTIVE! The executive will replace the goalie, to the best of their abilities, with another full time or spare goalie of equal calibre. (A goalie of higher calibre is not provided at playoff time in order to maintain the integrity and team total ratings)
3. TIME-OUTS one 30 second time out will be allowed per team in Semi-final and Final Championship games only.